

SUPPLEMENT OF THE YEAR

YOU

7 JUNE 2009

YOUR ULTIMATE
BEACH BODY
And the no-sweat
guide to getting it!

'JOAN IS
BRILLIANT,
BUT I DON'T
SPEAK TO JACKIE'
Revelations from the
Collins clan's little sister

WIN A £1,000
HOLIDAY WARDROBE

Pixie magic

MEET THE
NEW PRINCESS
OF POP



BODY SUNCARE

★ STEAL

Malibu Dry Oil Spray SPF20, £5.49.

A fast-drying, waterproof, non-greasy oil. Sprayed on the hair it protects the scalp.

❖ **Comments:** 'Soaked in immediately – I'm a convert' • 'As good as more pricey sun preps' • 'Smells of sun-drenched beaches and piña colada' • 'No burning'.

● SPLURGE

Thalgo Rejuvenating Sun Cream for Face and Body SPF20, £30

(thalgo.com). From the French thalassotherapy range, this anti-ageing product contains a 'new generation sun filter' that is photo-stable, heat-stable and non-whitening.

❖ **Comments:** 'Skin felt soft and silky, not greasy' • 'Did not trigger my usual outbreak of spots' • 'Made skin appear more radiant; beautiful fragrance'.

● NATURAL CHOICE

Green People Edelweiss Sun Lotion

SPF22, £15.65 (greenpeople.co.uk). This water-resistant formula, with 84 per cent organic ingredients, gives UVA/UVB protection based on titanium dioxide, cinnamic acid and edelweiss extract, with protective antioxidants and a 'natural tan accelerator'.

❖ **Comments:** 'My fair skin became slightly browner on the sunny testing day, where it usually goes pink' • 'Tested against another sunscreen, it turned my arm a nice brown while the other did nothing' • 'Very effective and much less greasy than my usual product'.



FACIAL SUNCARE

★ STEAL

Garnier Ambre Solaire Face Protection Cream SPF30, £9.99.

Features Garnier's photo-stable, chemical sun protection filter Mexoryl XL, which means it doesn't break down in sunlight (unlike other formulas). Designed to shield against premature ageing and brown spots.

❖ **Comments:** 'Loved it: my face felt comfortable and healthy; great to find such moisturising high protection' • 'Leaves a lovely pearly sheen on the skin' • 'Very effective: moisturising but didn't leave T-zone greasy'.



● SPLURGE

La Roche-Posay Anthelios XL Fluid Extreme SPF50+, £15

(laroche-posay.co.uk). Fragrance-free French brand favoured by dermatologists. Protects against the spectrum of UVA/UVB rays. This high SPF fluid is suitable for anyone anxious about skin ageing.

❖ **Comments:** 'My very sensitive skin didn't react and it completely protected me against redness' • 'Sank in quickly with a comfortable texture' • 'I'm very fair, but this makes me feel much more confident about not



burning' • 'Good base for foundation'.

● NATURAL CHOICE

Neal's Yard Remedies Lavender Sun Screen SPF22, £12 (nealsyardremedies.com).

Deliciously fragrant product for skin that burns easily, with organic shea butter, sesame and sunflower oils, plus lavender and skin-soothing herbs.

❖ **Comments:** 'Melted into my skin in no time – brilliant for a sunscreen' • 'Thirst-quenching moisturiser as well as a sunscreen' • 'Cooling effect that is perfect for hot summer days'. ➤

